The role of the proverb "40 prohibitions for a girl" in modern Kyrgyz society

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Abstract

"Кызга кырк уйдон тыйу" - what in the literal meaning of "prohibitions for a girl from 40 houses" is one of the most defining proverbs of the Kyrgyz people, which usually using to girls from men and the older generation. Recently, Kyrgyz activists began to openly refute this statement and do actions to show how discriminatory the nature of this proverb is. The organization Noviy Ritm, which I represent, follow fiminist views and provides a platform where we are activists of the Osh city arrange events and use different methods (Girls' groups, comics exhibition, social experiments, self-defense lessons, training on violence, etc.), and thus provide girls with knowledge on how not to become a victim of violence.